



Where will your journey take you?

Rebuild - Reclaim - Rediscover...your potential



Our service is for...

-
active people who
have suffered severe or
multiple injury

-
have completed
standard therapy

-
but still haven't been able
to resume their physically
demanding jobs
or hobbies



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At **Designed2Move** we work with active people who have suffered severe or multiple injury, have completed standard therapy, but still haven't been able to resume their physically demanding jobs, hobbies or daily lives.

We help people restore their physical capabilities and confidence through 1-1 specialised rehabilitation and pain management programmes.

Our goal is to provide functionally relevant and personalised rehabilitation:

We use evidence-based techniques combining physical & psychosocial interventions that engage the whole body & are task-specific

Our rehabilitation work takes place in environment-specific locations including the workplace, gym, home, park OR other specific setting, such as rock climbing walls

...so basically, your client can return to doing the stuff they need to do where they need to do it!



We can help people

-
Return to work for physically demanding tasks or environments

-
Return to regular physical activity for hobbies, leisure or sport, including outdoor walking

-
Return to day to day functional activity to enhance independence and quality of life



We provide support for:

Occupations such as:

- Engineering and manufacturing
- Agricultural and outdoor work
- Health care providers
- Emergency services and rescue personnel
- Sport, recreation and leisure professionals

Clinical conditions such as:

- Musculoskeletal and complex persistent pain conditions
 - Orthopaedic trauma and surgery
 - Multiple injury and trauma including amputation
-



Our Team: We have a small specialist team with over a century's worth of cumulative experience rehabilitating people who work in physically demanding occupations, have active lifestyles and hobbies, and take part in all levels of sport. Between us we have innovation awards for return to work rehab services, have experience in national rehabilitation projects, and continue to be involved in influencing professional practice within the UK. All our team are Chartered Physiotherapists and registered with the HCPC.

*"Since my accident (3 yrs ago) I've received a lot of excellent physio but **Designed2Move** has helped me back on the road to more outdoor walking and rock climbing, which a year ago I wasn't sure if I'd be able to do again."*

E Dornan, Climbing Instructor

*"Working with **Designed2Move** has accelerated my recovery following a serious car accident with their extensive knowledge and expertise in recovery, rehabilitation and restoration towards regaining pre injury function."*

A Majithia, Global Executive

Treatment coverage



We are here to help highly active people rebuild,
reclaim and rediscover their full potential.

Contact & booking



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