



## When & How to Refer to Designed2Move:

1. Check out our electronic or folded brochure and the information on our PRIVATE case managers page [www.designed2move.co.uk/resources-private/](http://www.designed2move.co.uk/resources-private/)  
You can also find some other resources on this page such as:
  - Terms and Conditions (full version for case managers and shortened version for clients).
  - Our D2M Summary of Phases of Rehabilitation.
  - D2M What to expect at your Assessment information sheet for clients.
  - D2M Programme fee matrix.
  - D2M Services summary.
  - Helpful notes for funders.
  - Our D2M referral form.
2. Take a look at our video (about 15 minutes) which will tell you more about our approach and programmes.
3. Consider your client's needs and goals and compare to our "Client Readiness" checklist below:

### Client readiness: Not Ready



Do Not Refer - Too early or not suitable:

- ✗ Still having tests/surgery – inc non or partial weight bearing
- ✗ Early in standard therapy
- ✗ Current goals can be met by standard therapy
- ✗ No significant physical demands for work or leisure
- ✗ Acute & severe pain and / or active pathology requiring stabilisation of management (e.g. CRPS) before rehab
- ✗ Very high levels of psychological distress requiring psychological management before rehab
- ✗ Unlikely to be able to complete our assessment – e.g. bed bound due to extent of disability



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## Client Readiness: Yes – Ready!



Do refer!

- ✓ Completed tests/surgery, can fully weight bear
- ✓ Nearing completion of standard therapy
- ✓ Stable pain state allowing client to complete functional tests in D2M assessment
- ✓ Has unmet goals for work or leisure – asking “is this it?”
- ✓ Long term goals involve return to physical activities, job tasks or unusual environments
- ✓ Indicating readiness to engage in active rehabilitation approach and motivated to reach goals



If you think your client is suitable and ready:

1. Please call Jane Travers on 07494 177159 to arrange a time to speak to a member of the clinical team – this will help determine with the clinical team whether we are able to assist with this client.
2. If we agree we can assist you we will send you a quote for assessment and travel time and expenses (+/- programme discussed).
3. Please discuss our service with your client and gain their consent and willingness to participate – please also discuss consent & release of reports to minimise delays.
4. Complete the referral form (which can be downloaded from the webpage above) and send back to Jane Travers by email [info@designed2move.co.uk](mailto:info@designed2move.co.uk).
5. We will confirm receipt of your referral and go ahead with booking the first visit with the client. We will write to you to let you know when the appointment for assessment has been booked for, and then be in touch again once our assessment is complete.

**Thank you! If you have any questions please call or email Jane Travers on 07494 177159 or [info@designed2move.co.uk](mailto:info@designed2move.co.uk)**

